# EMERGENCY PREPAREDNESS



#### SANTA CLARA

H.E.A.T.

Training Program

Home Emergency Assistance Team

If interested in being a part of the H.E.A.T. Training Program, please call (408) 615-4940.

- 1. Water—3 gallons per person in your household, plus extra for pets
- Three days of nonperishable or canned food for every person of your household, plus pets
- 3. Flashlight
- 4. Portable radio
- 5. Batteries for flashlight and radio
- 6. Non-electric can opener

- 7. First Aid kit and First Aid manual
- 8. Sturdy shoes and socks for each family member
- Duct tape
- 10. Fire extinguisher with a minimum rating of 2A:10B:C
- 11. Matches in a waterproof container
- 12. Hand sanitizer and moist towelettes

- 13. Small hand tools including crow bar, hammer, pliers, screwdriver and wrench to shut off gas and water
- 14. Work gloves and vinyl gloves
- 15. Large plastic garbage bags and plastic ties
- 16. Tent or tarp (9 x 12 feet minimum)
- 17. Blankets and sleeping bags
- 18. Dust masks

- 19. Paper towels, toilet paper, tissues
- 20. All purpose liquid soap
- 21. Shampoo, toothpaste, toothbrushes and other personal hygiene items for each family member
- 22. Cash in small bills and change
- 23. Camp stove and fuel and/or barbecue and charcoal
- 24. Jackets and/or hooded rain ponchos for each family member